

## CSC Covid Related Restrictions/Limitations

- All people entering the CSC must wear masks. Players can remove them when they enter the playing surface. All people in the facility must always social/physical distance.
- Players or coaches with any risk factors or illnesses should not participate in any on-ice activity. Any players, coaches or spectators exhibiting symptoms or signs of illness should not be in the facility at any point.
- Everyone will be asked to enter through the two right hand doors at the East Entrance and will exit through the other two doors. The doors will be signed.
- Skates should arrive no more than 15 minutes prior to the start of their scheduled activity. Anyone arriving earlier than 15 minutes before their start time should wait outside of the facility and be socially/physically distanced from others.
- Skaters will vacate the CSC within 15 minutes of the time that their session ends.
- Skaters 11 & older must be dropped off at the rink and picked up afterwards. Their parents or guardians will not be allowed in the rink.
- Skaters 10 and under are allowed one parent or guardian in the rink to help with their equipment needs.
- Locker rooms will not be available. Benches or chairs are placed in front of the locker rooms and along the east wall to separate participants from one session to the next. Players & Coaches should come dressed. A space will be provided to tie skates. Goaltenders can put on their pads at the rink. The area will be sanitized after each session.

### On Ice Usage:

- Full Ice practices are limited to two (2) pods of 25 people or less with no mixing between the two pods or groups. Maximum of 25 people per pod including coaches.
- Players need to maintain as much separation as possible during practices.
- Coaches should be promoting social distancing on the ice when providing instruction, while recognizing that there may be times of close contact by players.
- Avoid using player benches during practices.
- Reduce the contact between players as much as possible.
- Coaches should avoid talking face-to-face with players, as well as avoid contact with players whenever possible.